January 2017

CANTON UNION SCHOOL DISTRICT

YMCA Snack Menu

arbor Management Inc.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 FRESH APPLE MILK	4 CUCUMBER SLICES MILK	5 FRESH BANANA MILK	6 BABY CARROTS MILK
9 BROCCOLI BUDS MILK	10 FRESH APPLE MILK	11 CELERY STICKS MILK	12 FRESH ORANGE WEDGES MILK	13 NO SCHOOL TEACHER INSTITUTE DAY
16 NO SCHOOL DR MARTIN LUTHER KING JR DAY	17 BABY CARROTS MILK	18 FRESH PEAR MILK	19 BROCCOLI BUDS MILK	20 FRESH APPLE MILK
23 CELERY STICKS MILK	24 FRESH ORANGE WEDGES MILK	25 CUCUMBER SLICES MILK	26 FRESH BANANA MILK	27 BABY CARROTS MILK
30 FRESH PEAR MILK	31 CUCUMBER SLICES MILK			

(*) Contains Pork

Snack Time

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Fun Time!

Questions

Call Kyle Nelson
Food Service Director
309-647-8731

Menu changes may be necessary. Notice will be given when possible.

A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

arbor online

For more information or to "Ask the Dietitian", check out our website!

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