

# CANTON SCHOOL DISTRICT YMCA Menu February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 HAM & CHEESE SANDWICH CELERY W/DIP FRESH BANANA 1% MILK
4 MACARONI & CHEESE DINNER ROLL CUCUMBER SLICES W/DIP 100% JUICE 1% MILK	5 TURKEY CLUB SANDWICH BROCCOLI W/DIP APPLESAUCE 1% MILK	6 GRILLED CHEESE CARROTS W/DIP 100% JUICE 1% MILK	7 SUNBUTTER & JELLY SANDWICH CELERY W/DIP PEARS 1% MILK	8 SCRAMBLED EGGS W/TOAST MIXED FRUIT 100% JUICE 1% MILK
11 HAM & CHEESE WRAP CUCUMBER W/DIP PEACHES 1% MILK	12 CHEESE PIZZA CARROTS W/DIP 100% JUICE 1% MILK	13 YOGURT CHEERIOS APPLESAUCE 100% JUICE 1% MILK	14 CRISPY CHICKEN SANDWICH TOMATOES W/DIP FRESH BANANA 1% MILK	15 STRING CHEESE CARROTS W/DIP PEARS GOLDFISH CRACKERS 1% MILK
18 NO SCHOOL	19 MACARONI & CHEESE DINNER ROLL CUCUMBER SLICES W/DIP 100% JUICE 1% MILK	20 TURKEY CLUB SANDWICH BROCCOLI W/DIP APPLESAUCE 1% MILK	21 GRILLED CHEESE CARROTS W/DIP 100% JUICE 1% MILK	22 SUNBUTTER & JELLY SANDWICH CELERY W/DIP PEARS 1% MILK
25 SCRAMBLED EGGS W/TOAST MIXED FRUIT 100% JUICE 1% MILK	26 HAM & CHEESE WRAP CUCUMBER W/DIP PEACHES 1% MILK	27 CHEESE PIZZA CARROTS W/DIP 100% JUICE 1% MILK	28 YOGURT CHEERIOS APPLESAUCE 100% JUICE 1% MILK	

Questions about the menu?  
 Kyle Nelson  
 Food Service Director  
 309-647-8731  
[Kyle.Nelson@cantonusd.org](mailto:Kyle.Nelson@cantonusd.org)

For more information or to "Ask the Dietitian", check out our website!




Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(\*) Contains Pork  
 (\*\*) Served With a Roll  
 Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.

