

CANTON SCHOOL DISTRICT

YMCA Menu

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
GRILLED CHEESE CARROTS W/DIP 100% JUICE 1% MILK	SUNBUTTER & JELLY SANDWICH CELERY W/DIP PEARS 1% MILK	SCRAMBLED EGGS W/TOAST MIXED FRUIT 100% JUICE 1% MILK	HAM & CHEESE WRAP CUCUMBER W/DIP PEACHES 1% MILK	CHEESE PIZZA CARROTS W/DIP 100% JUICE 1% MILK
14	15	16	17	18
YOGURT CHEERIOS APPLESAUCE 100% JUICE 1% MILK	CRISPY CHICKEN SANDWICH TOMATOES W/DIP PEACHES 1% MILK	STRING CHEESE CARROTS W/DIP PEARS GOLDFISH CRACKERS 1% MILK	HAM & CHEESE SANDWICH CELERY W/DIP FRESH BANANA 1% MILK	NO SCHOOL
21	22	23	24	25
NO SCHOOL	GRILLED CHEESE CARROTS W/DIP 100% JUICE 1% MILK	SUNBUTTER & JELLY SANDWICH CELERY W/DIP PEARS 1% MILK	SCRAMBLED EGGS W/TOAST MIXED FRUIT 100% JUICE 1% MILK	HAM & CHEESE WRAP CUCUMBER W/DIP PEACHES 1% MILK
28	29	30	31	
CHEESE PIZZA CARROTS W/DIP 100% JUICE 1% MILK	YOGURT CHEERIOS APPLESAUCE 100% JUICE 1% MILK	CRISPY CHICKEN SANDWICH TOMATOES W/DIP FRESH BANANA 1% MILK	STRING CHEESE CARROTS W/DIP PEARS GOLDFISH CRACKERS 1% MILK	

Questions about the menu?
 Kyle Nelson
 Food Service Director
 309-647-8731
 Kyle.Nelson@cantonusd.org

For more information
 or to "Ask the Dietitian",
 check out our website!



Comprehensive
 nutrition
 & allergy guides are
 available in the
 Foodservice Office.

(*) Contains Pork
 (**) Served With a Roll
 Menu changes are occasionally
 necessary. Notice will be given when
 possible.

This institution is an equal opportunity
 employer.

