



**2018-2019**  
Canton School  
District #66



## Arbor A+ Ingredients

- ✓ Our Entrée Choices are all Whole Grain Rich!
- ✓ Local fruit is served whenever possible!
- ✓ Our Milk is Hormone-free and produced on sustainable farms!

### Category 1 - Entrée

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake Wrap or Super Donut or Assorted Cereal w/Toast	Breakfast Sausage Biscuit or Mini Maple Waffles or Assorted Cereal w/Toast	Breakfast Pizza or Assorted Muffin or Assorted Cereal w/Toast	Fresh Baked Iced Cinnamon Roll or Whole Grain Pop Tart or Assorted Cereal w/Toast	Flaky Biscuit w/Sausage Gravy or Honey Bun or Assorted Cereal w/Toast

**Breakfast \$1.10**

## "Meal Deal"

We offer a complete Breakfast!  
Entrée **Category 1**  
Fruit **Category 2**  
Fruit **Category 3**  
Milk **Category 4**

You can have all four items but must choose 3 at a minimum and one of those 3 must be fruit!

### Category 1 - Alternate

Whole Grain Rich Cereal in a variety of flavors served with Vanilla Graham Bears.

### Category 2 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit

You may have 2 servings of fruit, but you must have at least 1 serving.



### Category 3 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit

You may have 2 servings of fruit, but you must have at least 1 serving.

### Category 4 - Choice of Milk

1% White, Skim or Flavored



Arbor Management, Inc. is pleased to be the food service provider to Canton Union School District #66.

We welcome your comments and suggestions Kyle Nelson, Food Service Director @ 309-647-8731

