

CANTON SCHOOL DISTRICT YMCA Menu

March 2019



Monday	Tuesday	Wednesday	Thursday	Friday
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				CRISPY CHICKEN SANDWICH TOMATOES W/DIP APPLESAUCE 1% MILK
4	5	6	7	8
STRING CHEESE CARROTS W/DIP PEARS GOLDFISH CRACKERS 1% MILK	HAM & CHEESE SANDWICH CELERY W/DIP PEACHES 1% MILK	MACARONI & CHEESE DINNER ROLL CUCUMBER SLICES W/DIP 100% JUICE 1% MILK	TURKEY CLUB SANDWICH BROCCOLI W/DIP APPLESAUCE 1% MILK	GRILLED CHEESE CARROTS W/DIP 100% JUICE 1% MILK
11	12	13	14	15
SUNBUTTER & JELLY SANDWICH CELERY W/DIP PEARS 1% MILK	SCRAMBLED EGGS W/TOAST MIXED FRUIT 100% JUICE 1% MILK	HAM & CHEESE WRAP CUCUMBER W/DIP PEACHES 1% MILK	CHEESE PIZZA CARROTS W/DIP 100% JUICE 1% MILK	YOGURT CHEERIOS APPLESAUCE 100% JUICE 1% MILK
18	19	20	21	22
CRISPY CHICKEN SANDWICH TOMATOES W/DIP FRESH ORANGE 1% MILK	STRING CHEESE CARROTS W/DIP PEARS GOLDFISH CRACKERS 1% MILK	HAM & CHEESE SANDWICH CELERY W/DIP PEACHES 1% MILK	MACARONI & CHEESE DINNER ROLL CUCUMBER SLICES W/DIP 100% JUICE 1% MILK	TURKEY CLUB SANDWICH BROCCOLI W/DIP APPLESAUCE 1% MILK
25	26	27	28	29
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

Questions about the menu?
 Kyle Nelson
 Food Service Director
 309-647-8731
Kyle.Nelson@cantonusd.org

For more information or to "Ask the Dietitian", check out our website!



Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(*) Contains Pork
 (**) Served With a Roll
 Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.

