



Canton District 66

SUGGESTED DAILY SCHEDULE

While we are practicing social distancing, it is important to establish and maintain daily routines.

This handout provides elementary parents with suggested activities to conduct with your children throughout the day.

Students Grades Pre-K-4

EARLY MORNING

Morning Time

- Wake up before 9:00
- Make your bed
- Eat breakfast
- Read for 15 minutes
- Go for a walk outside
- Turn on Gonoodle.com
- Do some morning breathing exercises
- Do a household chore(put away dishes, pick up the laundry, fold clothes)

LATE MORNING

Creative Time

- Draw a picture and explain its contents
- Color a picture
- Write in a journal
- Bake something
- Build something with legos
- Make an invention out of cardboard
- Play Music
- Paint a picture
- Make a craft

EARLY AFTERNOON

Academic Time

- Watch an educational video
- Play a board game
- Study Flashcards
- Participate in a suggested online learning resource
- Complete a puzzle
- Do a science experiment
- Practice math fluency facts
- Practice writing
- Practice sight words

LATE AFTERNOON

Quiet time

- Read for 15 minutes
- Take a nap
- Complete a puzzle
- Complete a journal entry



ONLINE LEARNING RESOURCES

The following is a list of online resources that promote academic reinforcement. The recommended amount of time on these sites should not exceed 2 hours daily.

- Abcmouse.com
- Adventureacademy.com
- Brainpop.com
- Breakoutedu.com
- Coolmathgames.com
- Code.org
- getepic.com
- Prodigygame.com
- Scholastic.com
- Spellingcity.com
- Tynker.com

